



Healthy Kids, Healthy Michigan

Worksheet for the Implementation and Evaluation of School District Policies to Improve Access to Healthy Foods and Physical Activity

School District: _____

Policy: Please check one policy area. A separate worksheet should be completed for each policy.

- ☐ A la carte food and beverage standards for all schools.
- ☐ Classroom snacks/rewards standards for all grade levels.
- ☐ Concessions/fund-raising/school stores food and beverage standards for all schools.
- ☐ Quality physical education curriculum for all grade levels.
- ☐ Recess before lunch for elementary schools.
- ☐ Vending machine food and beverage standards for all schools.

Briefly, describe your current school district environment, as it relates to your policies (you only need to complete the questions for your policy).

- ☐ A la carte food and beverage standards for all schools.
 - A la carte nutrition standards are part of my local wellness policy (circle) YES NO
 - A la carte nutrition standards are part of a different school policy (besides local wellness policy) (circle) YES NO If yes, please list policy:

 - The nutrition standards my district currently follows are:

 - The person responsible for ordering a la carte foods in my district is:

- ☐ Classroom snacks/rewards standards for all grade levels.
 - Classroom snacks/rewards nutrition standards are part of my local wellness policy (circle)
YES NO
 - Classroom snacks/rewards nutrition standards are part of a different school policy (besides local wellness policy) (circle). YES NO
If yes, please list policy:

- ☐ Concessions/fund-raising/school stores food and beverage standards for all schools.
 - School store nutrition standards are part of my local wellness policy YES NO (circle)



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- School store nutrition standards are part of a different school policy (besides local wellness policy) (circle). YES NO If yes, please list policy: _____

- There are _____ number of stores selling food to students in my district.

- The person(s) responsible for ordering a la carte foods in my district is: _____

☐ Quality physical education curriculum for all grade levels.

- A quality physical education curriculum is part of my local wellness policy (circle) YES NO

- A quality physical education curriculum is part of a different school policy (besides local wellness policy) (circle) YES NO If yes, please list policy: _____

- The curriculum currently used by my district is: _____

☐ Recess before lunch for elementary schools.

- Recess before lunch is part of my local wellness policy (circle) YES NO

- Recess before lunch is part of a different school policy (besides local wellness policy) (circle). YES NO If yes, please list policy: _____

- The number of schools in my district implementing recess before lunch is: _____

☐ Vending machine food and beverage standards for all schools.

- Vending nutrition standards are part of my local wellness policy (circle). YES NO

- Vending nutrition standards are part of a different school policy (besides local wellness policy) (circle). YES NO If yes, please list policy: _____

- The nutrition standards my district currently follows are: _____

- The person responsible for ordering vended foods and beverages in my district is: _____

- There are _____ (number) of vending machines in our district. _____ (number) of these vending machines serve food, _____ serve beverages and _____ serve both.

- _____ (number) vending machines serve soft drinks.

- Vending machines are on during the following times: _____

- The money from the vending machines goes to: _____



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List any barriers that you may have to address during your policy implementation:

Outline the rationale and support for your policy:



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Policy Language: attach a copy of your finalized policy.

Date policy was passed: _____

Action Steps For Policy Implementation

Formative assessment completed: describe methods below in chart. Include information on who, what, when, where, how.

- ☐ Surveys
Explain_____
- ☐ Interviews
Explain_____
- ☐ Focus Groups
Explain_____
- ☐ Other
Explain_____

Collect baseline information: describe methods below in chart. Include information on who, what, when, where, how.

- ☐ Observation
Explain_____
- ☐ Sales Data
Explain_____
- ☐ Questionnaire
Explain_____
- ☐ Other
Explain_____



Implementation Plan:

[illegible]



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Lessons Learned: